

MaineGeneral Medical Center **Workplace Health** directions



Workplace Health

Occupational Medicine
Physical & Occupational Therapy

Augusta location – 207-626-7250

10 Caldwell Road, Augusta, Maine 04330

Waterville location – 207-872-4260

30 Chase Avenue, Waterville, Maine 04901

<http://workplacehealth.mainegeneral.org>



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Phone: 207.626.7250

30 Chase Avenue
Waterville, Maine 04901
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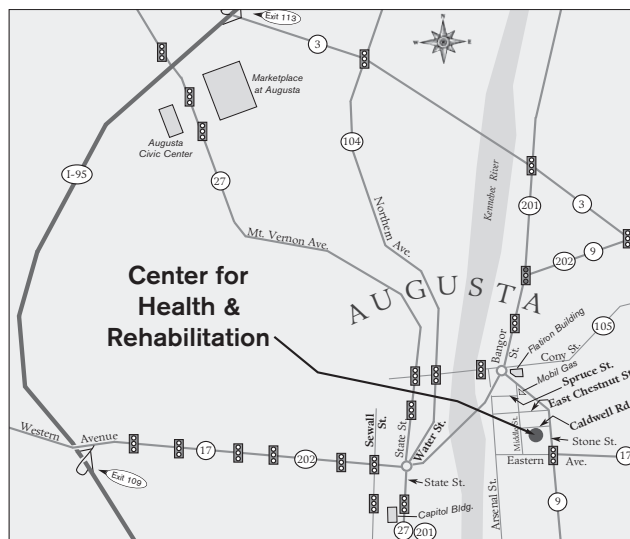
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Medical Center

Workplace Health Directions

Augusta location – 207-626-7250

10 Caldwell Road, Augusta, Maine 04330



Workplace Health is located on the second floor of the Center for Health & Rehabilitation.

From the south

Take I-95 north to Augusta/Winthrop Exit 109. At the end of the off ramp, bear right onto Western Avenue. (The Best Western/Senator Inn is on the right.) Follow Western Avenue about two miles to the rotary. Take the second exit off the rotary (Routes 17, 201 and 202) and continue over Memorial Bridge to the Cony Roundabout. Bear right onto Stone Street/Route 17 (first exit off roundabout). Take the first right onto Middle Street (before the Mobil station). Take the third left onto Caldwell Rd. The facility is the first building on the right.

From the north

Take I-95 south to Augusta/Route 3, Exit 113. Take Route 3 through a set of lights and over the bridge. At the second set of lights, take a right onto Route 201. Follow 201 about 1.5 miles to the Cony Roundabout. Take the third exit (Stone St/Route 17E), then the first right onto Middle St. (before the Mobil station). Take the third left onto Caldwell Road. The facility is the first building on the right.

From the east

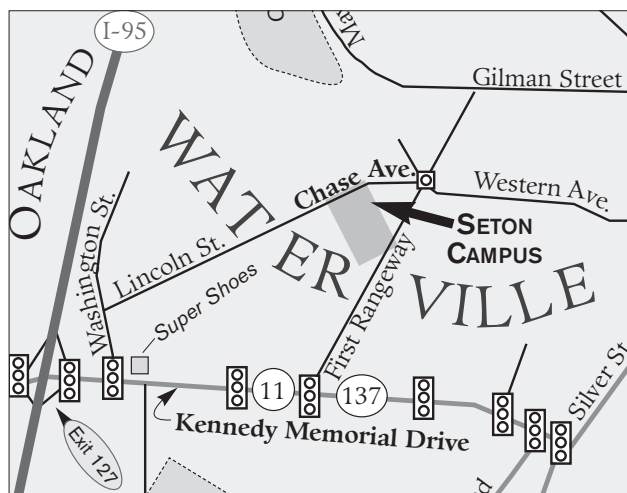
Take Route 17E to light, take a right on Route 9. Go left onto Middle Street (after the Mobil station). Take the third left onto Caldwell Road. The facility is the first building on the right.

From the west

Take Route 202 into Augusta. Follow Western Avenue about two miles to the rotary. Take the second exit off the rotary (Routes 17, 201 and 202) and continue over Memorial Bridge to the Cony Roundabout. Bear right onto Stone Street/Route 17 (first exit off roundabout). Take the first right onto Middle Street (before the Mobil station). Take the third left onto Caldwell Rd. The facility is the first building on the right.

Waterville location – 207-872-4260

30 Chase Avenue, Waterville, Maine 04901



Workplace Health is located on the first floor of the Seton Campus.

From the south

Take I-95 North to Waterville/Oakland Exit 127. Turn right onto Kennedy Memorial Drive and travel to the next light. Turn left onto Washington Street (Super Shoes will be on your right). Take the next right onto Lincoln Street (which becomes Chase Ave.) The Seton Campus is approximately one mile down on the right.

From the north

Take I-95 South to Waterville/Oakland Exit 127. Take a left onto Kennedy Memorial Drive. Follow Kennedy Memorial Drive through one traffic light. At the second traffic light, turn left onto Washington Street (Super Shoes will be on your right). Take the next right onto Lincoln Street (which becomes Chase Ave.) The Seton Campus is approximately one mile down on the right.